Dear Families

This school year we have been implementing a new PSHE (Personal, Social, Health and Economic) programme across our school called Jigsaw <u>www.jigsawpshe.com</u>. This programme includes elements of Relationships Education, Health Education and Sex Education.

The lessons help children's emotional literacy, self-esteem, and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. We hope your children may have told you about the Jigsaw 'Friends' and 'Calm Me' time...!

The summer term programme has the themes of 'Relationships' (unit 1) and 'Changing Me' (unit 2) and starts after the Easter holiday in April 2022.

In every year group, the 'Changing Me' theme includes two or three lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Year 5 and Year 6 classes look more fully at puberty and human reproduction.

As the materials are new to Windmill, have a look at what we will be teaching. We have put it on the school website in the curriculum section. You can search on our website for 'Jigsaw', 'PSHE' or 'RHE' and you should find it. Ask us if you need help.

We hope you will agree that this work is vitally important for children, that it needs to be done ageappropriately and that the Jigsaw programme gives us a secure framework in which to do this.

We are consulting with you about this as part of our wider commitment to work in partnership with families. We want you to read, understand and hopefully agree with our policy. We hope, like us, you will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them, and will look forward to sharing them with you and answering any questions you may have.

It is your legal right to withdraw your children from Sex Education that is outside of the National Curriculum for Science. Relationships Education and Health Education is statutory for all primary schools.

Please talk to us if you have any questions.

Yours faithfully

Mrs Hoofe Year 3 Teacher and PSHE Lead Mark Gibbons Headteacher