

Idea's for home learning

The following activities/challenges are designed to fit into everyday life and do not require any specialist equipment

Build a den

- Using any old material, bed sheets, blankets, pegs etc.

Hold a worm

- Any worm you can find in the garden!

Make a mud pie

- The best mud pie have extra ingredients, grass, stones, and daisies.

Junk Modelling

- Using boxes, tubes, egg cartons, empty yogurt pots, kitchen roll tubes. Anything that you would normally recycled can be used to junk model. Let your children use their imaginations and create anything they wish, or set them a challenge to create a robot.

Parachute games – These games can be done with a parachute or just with a sheet or blanket.

<http://www.earlyyearscares.com/eyc/learning-and-development/top-5-parachute-games-children-early-years/>

Treasure hunts

- In the garden or whilst out on your daily exercise take a list of things the child can find. A twig, a red car, a stone etc. tick them off as they find them you can do as little or as many as you like.

Helping at home

- Encourage your child to help you with household tasks such as sorting the laundry, tidying a room, sorting out a drawer, working in the garden and talk all the time. Describe what you are doing as you work together on tasks and encourage your child to do the same.

Obstacle courses

- Make an obstacle course using cushions, chairs, clothes airers, duvets, blankets, pillows and encourage your child to move around, over, under, between, in different ways. Save the more energetic ones for outdoors.

Simon says

- Play 'Simon Says'. Encourage your child to move vigorously then talk about how they feel (puffed out, breathing deeply, heart moving fast, feeling hot). Then as they calm down, talk about the changes that are happening to them.

Role play

- Make and develop your own role play area such as a shop, a house, a train, a castle, a spaceship, a hairdresser and have fun playing in it with your child. Be a customer, a passenger, a knight, an astronaut.

You might need Chairs, clothes airers, large boxes, small tables, blankets, towels, pegs, sheets, duvet covers, but anything can be used.

Activities with no worksheet in sight – lots of visual ideas to do that require very few resources. Most resources will be found around the house. <https://abcdoes.com/home-learning/>

A link to a Facebook site Little Schnoops where there are explanations of what skills children in the early years need to develop to support school readiness.

[https://www.facebook.com/media/set/?set=a.264294861674605&type=3&_xts__\[0\]=68.ARDcuZ7no4Xd4JRqrD62QPdDHF192HX4KhpNCXmQx6hSX8j-ler3FYPMMrUHDZjc2nAtjXxBZUyM06z9Vsinol7mMxPheICByvyfP3lenvfobn78twxrDvHxT1uJ0GV5YpWmU0vSbEGVw1xrhkBNcbrTH0wCUVOU3dQQ8ih0eHvmCKBxqoi8XJy2k6yRDEPJVq2Amy6n0vrCOPtuCRb1TvsnfrB-zXOrYSF210VJbVcHH-ITGhyDAy141i6JXJYDP-lnuMkUOh5H1cdReyO_Uhp_Ws4CLNq9XJ-sKL7y6iK9v5kcRXxKOucyz2Ts3CCjIEBiFyoY1YSOloHsrREdGaXfk7oa4rurHc0T9IFGav2py8ZAoeHJVzwXYh8DrohWZs6NI3Y0PMEDcoAESZdoqgl3JqPFbktUtZ3rNgIs2vX0Alq6KB-fyLLk1Po8GRVhhQtuoSht2n8Og](https://www.facebook.com/media/set/?set=a.264294861674605&type=3&_xts__[0]=68.ARDcuZ7no4Xd4JRqrD62QPdDHF192HX4KhpNCXmQx6hSX8j-ler3FYPMMrUHDZjc2nAtjXxBZUyM06z9Vsinol7mMxPheICByvyfP3lenvfobn78twxrDvHxT1uJ0GV5YpWmU0vSbEGVw1xrhkBNcbrTH0wCUVOU3dQQ8ih0eHvmCKBxqoi8XJy2k6yRDEPJVq2Amy6n0vrCOPtuCRb1TvsnfrB-zXOrYSF210VJbVcHH-ITGhyDAy141i6JXJYDP-lnuMkUOh5H1cdReyO_Uhp_Ws4CLNq9XJ-sKL7y6iK9v5kcRXxKOucyz2Ts3CCjIEBiFyoY1YSOloHsrREdGaXfk7oa4rurHc0T9IFGav2py8ZAoeHJVzwXYh8DrohWZs6NI3Y0PMEDcoAESZdoqgl3JqPFbktUtZ3rNgIs2vX0Alq6KB-fyLLk1Po8GRVhhQtuoSht2n8Og)

Playing at home - This website gives an insight into the learning your children are doing at home whilst "playing". No parent should feel pressurised to be sat at a table teaching their child. Children will be feeling

anxious too during these uncertain times. <https://www.sitters.co.uk/blog/the-15-best-activities-for-children-to-help-them-learn-through-play.aspx>

Twinkl is a website that is often used by practitioners and teachers to get resources to support topic based learning. There are lots of different resources/ideas for every area of development based on the different ages of children from EYFS age to year 6. <https://www.twinkl.co.uk/resources/home-early-years/home-early-years-home-learning> Twinkl was free for a period of time and some resources still are. There are different levels of membership.

Support and tips to keep going whilst we all deal with this change to our everyday lives

<https://childmind.org/article/supporting-kids-during-the-covid-19-crisis/>

Literacy and numeracy activities to print or get ideas from to help your children

<https://home.oxfordowl.co.uk/kids-activities/>

Helping prepare your child for school, useful tips for parents/carers and professionals

<https://www.pacey.org.uk/working-in-childcare/spotlight-on/being-school-ready/#factsheets>

Sensory activities for Babies/Toddlers/Preschool

<https://www.brighthorizons.com/family-resources/sensory-activities-for-kids-at-home>

Dough Disco – Shonette provides a disco with playdoh to support children's fine motor skills, getting them ready to use pencil control or to support handwriting. It's also fun.

https://www.youtube.com/channel/UCi0shfH3pzhrf3dOrSj_pRw

Jolly phonics – A website that provides resource's to support phonics. Some of these are just helping children to get used to how letters make different sounds. Make you choose the British version of the sounds.

<https://www.jollylearning.co.uk/resource-bank>

Read Write Inc – This scheme is used to teach children to read in quite a few of our schools. They are providing short 10-15 minute You Tube videos to support children's phonics

https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxtQ

British Toy and Hobby association – A website that can also be downloaded as an app. Lots of games and things to print and do together such as word search, dot to dot, flashcards.

<https://www.maketime2play.co.uk/play-right-now/print-n-play>

Joe Wicks PE sessions – A workout for the family. The full workout might be a bit too much for the younger child but can be done as a family. These sessions formed a big part of the first lockdown but can still be accessed on Youtube. <https://www.youtube.com/user/thebodycoach1> These will take place on a Monday, Wednesday and Friday.

Andy's wild workouts – Workouts for younger children that are linked to encourage learning about animals

<https://www.bbc.co.uk/iplayer/episodes/p06tmvz/andys-wild-workouts>

Strictly come dancing Oti Mabuse dance lessons - Themed dance lessons for children and families.

These sessions can be accessed after the live session on the below link

https://www.youtube.com/channel/UC58aowNEXHHnflR_5YTtP4g

BBC Good food – Non cook recipes for kids <https://www.bbcgoodfood.com/search/guides?query=No-cook%20kids>

Tesco easy Children's recipes- kid-friendly and most importantly easy to prepare.

<https://realfood.tesco.com/recipes/collections/easy-recipes-for-kids.html>

Salt dough recipe and creative activities by age – A website where you can find the recipe for salt dough and creative activities that can be sorted by age of the child or resources that you have.

<https://www.learning4kids.net/2012/12/09/how-to-make-salt-dough-recipe/>

Cbeebies – A website where you can find lots of fun and educational activities based around their favourite TV programmes. <https://www.bbc.co.uk/cbeebies>

Telford Libraries service – Bounce and Rhyme sessions for our younger children. Anyone welcome to take part, links to access within this link <https://healthytelford.com/2020/03/31/telford-libraries->

[entertain-people-staying-at-](#)

[home/?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=](#)

Tiny Happy people - Tips for parents to help develop communication skills with a focus on early development <https://www.bbc.co.uk/tiny-happy-people>

Go Noodle – This website provides lots of activities to promote mindfulness and movement. Links to activities and things to print and down. Lots of fab video to dance together too. There are also a few games/apps that promote the get up and go approach <https://grownups.gonoodle.com/>

Maths ideas – Simple ideas with resource lists that link to maths <https://family.co/blog/inspiration/10-creative-early-years-maths-activities/>

Scholastic – free Julia Donaldson resources and home learning packs linked to the books such as Stickman. It would be of benefit to have the books the activities link to. <https://resource-bank.scholastic.co.uk/content/FREE-Julia-Donaldson-and-Axel-Scheffler-Home-Learning-Packs-40114>